



To make an appointment, please call (08) 9383 3838 or make an online booking via our website [www.lk-lymphoedema.com](http://www.lk-lymphoedema.com)



 c/o Stirling Health Professionals  
569 Karrinyup Road  
Stirling WA 6021



**Linda Khong, PhD, MManips, BAppSc (Physio Hons), BBA**

Dr Linda Khong, PhD, is a recognised APA Cancer, Lymphoedema, Gerontological and Musculoskeletal Physiotherapist. Linda is also an accredited Lymphoedema Therapist with ALA, and she has experience in areas including post-op joint swelling, post-DVT, post-cellulitis, head/neck swelling and lipoedema since 2003.

Linda is an expert physiotherapist dedicated to resolving your medical condition. Together with your doctors, she will assess, discuss with you and prescribe a bespoke safe oedema management plan to improve your situation and health.

## Things to consider:

- Each appointment is 50 minutes in length.
- DVA and Plan Managed NDIS clients are welcome.
- Out-of-pocket expenses may be incurred.
- Treatment of this chronic problem will take a minimum of 3 months before any improvements are noticeable.
- Your doctors may be consulted about your treatment. For your care, we follow a process of:
  - Assessment
  - Treatment plan and recommendations
  - Fitting of any medical appliances
  - Review of issues that may arise
  - Ongoing follow-up to maintain results



Have you had persistent swelling for more than three months? Do you have one or a few of the following signs and symptoms?



## ONGOING SWELLING

Ongoing swelling in any part of the body e.g. legs, arms, breast or genitals. Swelling that comes and goes. It is better overnight/morning but worsens at the end of the day.



## DELAYED HEALING

Need help with swelling for delayed or non-healing wounds.



## CONSTANTLY SICK

You suffer from repeated infections, feeling sick and sometimes hospitalisation.



## RELIANT ON DIURETICS

Diuretics (water tablets) is helpful but the problem keeps returning when the tablets stop. Need help to deal with this.

LK Lymphoedema Centre offers a One-Stop Personalised Solution for your problem. Our service includes:



## LYMPHATIC DRAINAGE

We offer personalised manual lymphatic drainage (certified Vodder Therapist since 2003).



## COMPRESSION STOCKINGS

We can prescribe a compression stocking that you can manage.



## COMPRESSION PUMP

Provide and prescribe a special lymphoedema compression pump that is simple to use daily (hire or purchase options available).